

# WANTED!

## PRACTICE HEALTH CHAMPIONS

**NOW BEING RECRUITED**

### AT BEECHWOOD MEDICAL CENTRE

**Training dates:**

**Tues 3rd June &  
Tues 10th June**

**9.45am - 3.00pm  
(Lunch provided)**

Volunteer opportunity to work with practice staff to help improve health & wellbeing within the community

### REWARD

- Help to build healthier and stronger communities
- Learn new skills, build knowledge, experience and friendships

**FOR MORE INFORMATION  
PLEASE CONTACT:**

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With all of us in mind



LOTTERY FUNDED



altogether**better**



## The role of a practice Health Champion involves:

- Supporting your local community and GP practice to improve health
- Helping people to access local health and wellbeing services and activities
- Representing your community and their views in regards to health and wellbeing

## What You Will Gain

- New skills and experience of working with your local community
- The opportunity to work alongside health professionals and practice staff
- Increased knowledge of local health services and activities

## What You Need and What We Need From You

- A friendly and cheerful disposition
- A willingness, passion and enthusiasm to help others
- To be able to give some of your time to volunteer (approximately 4 hours per week)
- To attend an information session and 2 day training course (compulsory)

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